

Booking Form – Permaculture Design Course

South Trelowia Barns, Widegates, Looe, Cornwall, PL13 1QL Saturday 29th June to Saturday 13th July 2024



Thank you for your enquiry about our Permaculture Design Course. Please complete this booking form as fully as possible. Further details such as directions, and what to bring, will be sent to you with confirmation of your booking.

Introduction

This course is for anyone who believes that we need to find ways to care for ourselves, for each other and for the Earth. If you are looking to make a significant change in your life, then this will almost certainly help you. The design course provides you with a broad introduction to the applications of permaculture in a number of different situations.

Although permaculture is most commonly thought about in connection with gardening and farming, its principles, ethics and design methods can be adapted and used in each individual's own work, interests and home to bring about a more harmonious and sustainable lifestyle. Permaculture offers a perspective on all aspects of building a sustainable future. It encourages us to use our individual skills, knowledge and interests, whilst drawing on traditional wisdom, science and our innate ability to observe and learn from the world around us.

What you will learn

- What permaculture is and why it is particularly relevant to us today.
- How we can make cities and the countryside healthier and more productive places to be.
- How working with nature can help us to meet many of our needs, including food, water, and shelter. Some specifics:
 - o Some simple techniques for caring for soil, water and wildlife.
 - Techniques for building eco-friendly and low impact homes and how to design them into the landscape to minimise both pollution and unnecessary work.
 - What really constitutes 'appropriate' technology.
- The permaculture design process, that guides you in getting from where you are to where you want to be, including:
 - o Some effective, low-tech surveying tools to analyse and map a site.
 - o How to make best use of space and slope in land-based permaculture designs.
 - o How to apply the design process to both land-based and non-land-based systems.
- How to create win-win situations rather than trade-offs.
- How to achieve bountiful yields with a minimum of effort.
- And much, much more!

During the second half of the course you will be guided in groups through the design process, applying what you have learned, to produce an original design on the site. You will be able to take this experience away and apply it in creating further designs for your own home or garden.

The Teacher

Aranya *Dip.Perm.Des.* first came across permaculture back in the late 1980's, being fortunate enough to meet one of the first designers working in this country. He found the subject full of common sense ideas that immediately inspired him to apply the principles in his own life. During the 1990's he regularly lectured and debated on environmental issues in schools and colleges and in the media for a national campaigning group over a period of five years. He completed the 72 hour Design Course in 1996, and the <u>Diploma in Applied Permaculture Design</u> in 2003, after which he began to teach. This he discovered was something that made his heart sing,



so he made it his main focus. Since 2004 he has taught over 100 two-week design courses, something he has no intention of stopping, feeling it a privilege to have the opportunity to teach "something that can make a real difference in all our lives".

Aranya has been involved with the <u>Permaculture Association</u> in a variety of ways since 2000. He is excited about new ways in which permaculture thinking can help us, developing new courses using its principles to help design, amongst other things, for optimising our health, and creating ethical livelihoods. His popular book <u>Permaculture Design: a step-by-step Guide</u> was published in Spring 2012 and has already been reprinted a number of times. He's currently involved in co-ordinating a number of other projects, including writing a second book, about a subject he's especially fascinated by the use of patterns in permaculture design. Aranya's website: <u>www.learnpermaculture.com</u>

The Venue

South Trelowia Barns has been home to Aranya and his partner Jules since the end of August 2019. It consists of two barns, one of which, a long-established holiday let, provides a fine classroom space and accommodation for 6 people. The barns, which are around 200 years old, were converted to dwellings in the 1980s. Aranya and Jules are aiming to improve the energy efficiency of the buildings and have already added a 6kW solar array and battery system.



Outside, the land extends to almost half an acre - not much from a conventional food production perspective, but more than enough for two people to steward without the use of machinery. A strong emphasis is being put on home-scale food production and perennial planting, including a small forest garden. The site consists of a number of small areas, each with different microclimates, offering a diversity of opportunities. It's hoped that everyone who visits will be able to observe an area similar to their own garden and what can be done in such a space.

Attendance

We commit to delivering to you a diverse and comprehensive, positive educational experience. We ask you to commit to attend the whole course. We do however understand that exceptional circumstances may prevent this, in which case we ask that you notify us before the course starts of any time you anticipate being absent.

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Course culture

We don't expect any previous knowledge and recognise that everyone has their own unique skills, knowledge and areas of interest to bring to the course. We use group work, discussions, videos, slide shows, observation, guided walks and practical activities as learning methods. We will also visit other projects where permaculture theory is being put into action.

Design courses are not just about imparting information, but also about showing you how to use it and feeling confident to do so. Empowerment is the essence of the course. We use practical and theoretical teaching methods to create a fun, lively and inclusive course. The course culminates in the main design activity that helps to consolidate all of the learning and shows you how to take permaculture back into your own home, life and community.

Accreditation

Attendance of most sessions, plus participation in the design activity is necessary for accreditation. On successful completion of the course, you will be awarded the British Permaculture Association's internationally-recognised 'Certificate in Permaculture Design'.

Dates and timings

The course will run from 5.00pm (please arrive by 4.30pm for a prompt start) on Saturday 29th June to 6.00pm on Saturday 13th July 2024. Our last evening meal will be at 6.30pm, followed by a celebration. Accommodation is included on the final Saturday evening, along with breakfast on Sunday. Lifts will be offered back to railway stations on the Sunday morning.

There will be a day off mid-course on Saturday 6th and a half day off each week, usually Tuesday afternoon in the first week and Wednesday afternoon in the second. Sessions start each day at 9.00am and continue on until the dinner around 6.30pm. We also have a light session many evenings, often a slideshow or video, to reinforce the day's learning. We have an hour and a quarter for both lunch and dinner, plus tea breaks each morning and afternoon.

Cost

The fee for this course is £725. This includes tuition, site visits, handouts, digital resources, and Permaculture Association (Britain)'s certificate. All meals are included except breakfast. There are two residential options on site (both include breakfast and use of washing facilities, hot showers etc.):

- 1. **Six beds** are available in our highly rated holiday accommodation in three rooms of two, one of which is a double. Cost £32/night for 15 nights = £480 (in two larger rooms) or £25/night (total £375) each for a couple, or two friends, sharing the smaller room. The smaller room may be booked as a single at extra cost please ask for details.
- 2. There are **two spaces for small to medium sized live-in vehicles** and up to **four camping places** for small to medium size windproof tents. Cost £12/night for 15 nights = £180 We can provide a suitable tent if you don't have one at an additional cost of £40

So total costs are:

- Course with bed indoors: £725 + £480 = £1205 (£1100 sharing in smaller room)
- Course with campervan or camping (in your own tent) option: £725 + £180 = £905
- Course without breakfast or accommodation (non-residential): £725

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Booking

To reserve your place, complete the attached booking form as fully as possible and send together with a **deposit of £125** to our address below. Any **remaining balance is to be paid by 1**st **June 2024**. Please make deposit cheques payable to 'Aranya Gardens' and send with the attached booking form to our address below. Keep this part of the form to refer back to later. Alternatively please email your booking form to <u>aranya@learnpermaculture.com</u> and I can email you details to make a bank transfer.

Cancellation Policy

A deposit of £125 is required to reserve your place, which we will hold for you until 4 weeks before the course start date, when any outstanding payment is due. This deposit is non-refundable unless it is necessary for us to cancel the course for any reason – including government–imposed social restrictions. Your place on the course is confirmed once full payment has been received.

Should you cancel, the training date selected is only transferable if at least 21 days' notice is given. The transfer fee is £50. Any replacement course must be taken within 12 months of the original booking and any difference in fees will need to be settled 4 weeks prior to the new course start date. Payments are non-refundable for cancellations within the last 21 days, unless we're able to fill your place.

Should we have to cancel, we will refund you in full and offer you the opportunity to transfer to a future course without having to pay a transfer fee.

Pre-course reading

We don't assume that you have done any previous reading before the beginning of the course. However, if you'd like to do some reading beforehand, in addition to my own book, I really like Graham Bell's books; 'The Permaculture Way' and 'The Permaculture Garden'. There's enough in them to give you a good sense of what permaculture is about, but not too much to be daunting! You could ask your local library to get them in for you or buy them from the Permaculture Market.

We look forward to meeting you on the course.

Best wishes,

To secure your place, please print out the attached form and send along with your payment/deposit to: **Aranya, Learn Permaculture, South Trelowia Barns, Widegates, Looe, PL13 1QL, England**

For more information on booking or enquiries about the event's content or teaching: Call Aranya on 01503 240946 or email aranya@learnpermaculture.com

For enquiries about the venue, catering or available accommodation: Call Jules on 01503 240220 or email jules@learnpermaculture.com



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Full Name:				
Name by which you would like to be known:				
Please delete as appropriate:	Male / Female / Other	Are you a lark (early riser)		
(so we can allocate rooms):		or an owl (stay up late)?		
Address (including postcode):				
Telephone No:				
Mobile No:				
Email:				
Emergency contact details while you are				
on the course: (name and phone number)				
Do you have any specific dietary needs?				
Do you have any other needs?				
(e.g. mobility, learning difficulties)				
2) Your booking (please see cancellation The fee for this 90-hour course is £725.	policy above)			
A deposit of £125 is required to reserve you Please make deposit cheques payable to overleaf. Alternatively please email your botto make a bank transfer.	Aranya Gardens', and send	d them with this form to the address		
Please fill in and tick as appropriate				
I will be paying £ for the course.				
I'd like a bed in the holiday accomm		vo sharing smaller room (£1100)		
I'd like to bring a live-in vehicle (£18		wo sharing smaner room (21100).		
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I'd like to camp in my own tent (£18	su extra. totai £905 1 / 📖 📗	d like to hire a tent (total £945)		

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via the internet, please let us			mber, thank you)	mize publicity –
4) Your permaculture back Have you attended any other	_	ourses? Please stat	te which one(s) and the tutor(s)
What other courses of a relat building etc.)?	ed nature have y	ou attended and v	vhen (e.g. organic gardening, c	ommunity
What other related knowledg	ge/experience/sl	xills do you have?		
5) Travel and Resources: How are you planning to trav	el to the course?			
	-		pefore the course starts so that Id you like to be included in th	•
☐ Yes ☐ No				
What other resources/skills	might you be abl	e to offer the grou	p? (e.g. first aid, games, etc.)	
6) Age Range (please tick)	- to help us witl	n room allocation	ıs	
	6 – 40	□ 41 - 59	\square 60 and above	
7) Your expectations for th What are your reasons for join		What do you hop	e to get out of it?	
Your signature:		D	ate:	